



## ESPH Dulwich fees - from July 2021

### GYM MEMBERSHIP

<b>Membership (12 months contracts)</b>		£ 89
<b>Rolling contracts (minimum 2 months)</b>		£ 99

### PERSONAL TRAINING

<b>Personal training 60</b>	Single session	£ 77
	Buy 10 get 1 free	£ 770

### PILATES

<b>Personal Pilates (45 minute sessions)</b>	Single session	£ 71
	Buy 10 get 1 free	£ 710
<b>Couples Pilates (60 min sessions)</b>	Single session	£ 119
	Buy 10 get 1 free	£ 1,190

### TREATMENTS

<b>Physiotherapy</b>	Initial Assessment 45	£ 83
	Follow-up consultation 30	£ 59
<b>Massage</b>	Massage 30	£ 40
	Massage 60	£ 73
<b>FITNESS TESTS</b>		
<b>Health &amp; Fitness Tests</b>	Fitness Fundamentals	£ 199
	Body composition	£ 29

*All services are discounted to applicable gym memberships  
Buy 10 sessions of any service and get 1 session free  
Some additional service options available - please ask for details*

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